

BOOKS ON DEATH AND GRIEF AND CAREGIVING TO THE BEREAVED

Updated May 20, 2025

Marti Beddoe
End of Life Educator

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Alexander, Eben, M.D.	2012 PROOF OF HEAVEN: A Neurosurgeon's Journey into the Afterlife
Alexander, Elizabeth	2015 THE LIGHT OF THE WORLD: A Memoir
Armstrong, Karen	2010 TWELVE STEPS TO A COMPASSIONATE LIFE
Arnoldy, Francesca Lynn	2018 CULTIVATING THE DOULA HEART
Bernard, Jan Selliken, RN, ND & Miriam Schneider, RN, DRNH	1996 THE TRUE WORK OF DYING: A Practical and Compassionate Guide to Easing the Dying Process
Blackman, Sushila	1997 GRACEFUL EXITS: How Great Beings Die. Death Stories of Hindu, Tibetan Buddhist, and Zen Masters
Bridges, William	1980 TRANSITIONS: Strategies for Coping with the difficult, painful, and confusing times in your life.
Byock, Ira, M.D.	1997 DYING WELL: Peace and Possibilities at the End of Life
Callahan, Maggie & Helley, Patricia	1992 FINAL GIFTS
Chodron, Pema	2019 WELCOMING THE UNWELCOME 2022 HOW WE LIVE IS HOW WE DIE
Das, Ram & Bush, Mirabai	2022 WALKING EACH OTHER HOME
Ferrier, J. Todd	1934 THE PASSING OF SOULS
Fitzgerald, Helen	1994 THE MOURNING HANDBOOK: The Most Comprehensive Resource Offering Practical and Compassionate Advice on Coping with All Aspects of Death and Dying
Gawande, Atul	2014 BEING MORTAL: Medicine and What Matters in the End
Gould, Jean	1999 DUTIFUL DAUGHTERS: Caring For Our Parents As They Grow Old
Grosz, Anton	1989 LETTERS TO A DYING FRIEND: What Comes Next; Based on the Tibetan Book of the Dead
Halifax, Joan	2008 BEING WITH DYING

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Hampton, Charles	1943 THE TRANSITION CALLED DEATH: A Recurring Experience
Hill, Michael Ortiz, RN	2011 THE CRAFT OF COMPASSION AT THE BEDSIDE OF THE ILL
Hodge Stephen	1999 THE ILLUSTRATED TIBETAN BOOK OF THE DEAD: A New Translation with Commentary
Hodson, Geoffrey	1953 THROUGH THE GATEWAY OF DEATH
James, John W. & Russell Friedman	2009 THE GRIEF RECOVERY HANDBOOK: The Action Program for Moving beyond Death, Divorce and Other Losses including Health , Career, and Faith
Junger, Sebastian	IN MY TIME OF DYING: How I Came Face To Face With The Idea Of An Afterlife
Kilpatrick, Kathryn & Joanna Chernauskas	2004 BECAUSE YOU CARE: What to Do When You Don't Know What to Do
Kubler-Ross, Elizabeth	1978 TO LIVE UNTIL WE SAY GOOD-BYE 1991 ON LIFE AFTER DEATH 1997 THE WHEEL OF LIFE: A Memoir of Living and Dying
Ladner, Lorne, Ph.D.	2004 THE LOST ART OF COMPASSION: Discovering the Practice of Happiness in the Meeting of Buddhism and Psychology
Leder, Rabbi Steve	2021 THE BEAUTY OF WHAT REMAINS: How Our Greatest Fear Becomes Our Greatest Gift
Levine, Stephen	1982 WHO DIES? An Investigation of Conscious Living and Conscious Dying
Mabey, Juliet	1998 WORDS TO COMFORT WORDS TO HEAL: Poems and Meditations for Those Who Grieve
Moon, Susan	2022 ALIVE UNTIL YOU'RE DEAD: Notes on the Home Stretch
O'Brien, Jennifer A. , MSOD	2024 CARE BOSSL

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	Leadership Strategies & Resources for Family Caregivers 2024 THE HOSPICE DOCTOR'S WIDOW: An Art Journal Of Caregiving & Grief
O'Brien, Suzanne	2025 THE GOOD DEATH: A Guide for Supporting Your Loved One Through the End Of Life
O'Connor, Mary-Frances, PhD	THE GRIEVING BRAIN: The Surprising Science of How We Learn from Love and Loss
Ostaseski, Frank	2017 THE FIVE INVITATIONS
Sandberg, Sherry & Adam Grant	2017 OPTION B: Facing Adversity, Building Resilience, and Finding Joy
Smith, Douglas C.	1997 CAREGIVING: Hospice-Proven Techniques For Healing Body And Soul
Smith, Penny Hawkins, R.N.	2025 INFLUENCING DEATH: Reframing Dying for Better Living
Steinpach, Richard	1980 HOW IS IT THAT WE LIVE AFTER DEATH AND WHAT IS THE MEANING OF LIFE
Straub, Gail	2000 THE RHYTHM OF COMPASSION: Caring For Self, Connecting With Society
Taylor, Kylea	1995 THE ETHICS OF CARING: Honoring the Web of Life in Our Professional Healing Relationships
Weller, Francis	2015 THE WILD EDGE OF SORROW: Rituals of Renewal and the Sacred Work of Grief
Wilson, Susan	2019 THE DOG I LOVED
Wolfelt, Alan D. Ph.D.	2003 THE JOURNEY THROUGH GRIEF: Reflections on Healing
Wyatt, Karen M. , M.D.	2015 WHAT REALLY MATTERS: 7 Lessons for Living from the Stories of the Dying 2020 THE JOURNEY FROM EGO TO SOUL: How To Transform Your Life When Everything Falls Apart
York, Sarah	2000 REMEMBERING WELL: Rituals for Celebrating Life and Mourning Death

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Zonenbelt-Smeenge, Susan J. R.N., Ed. D & DeVries, Robert, D.Min., Ph.D	2003 THE EMPTY CHAIR: Handling Grief on Holidays and Special Occasions
Zuba, Tom	2014 PERMISSION TO MOURN: A New Way to Do Grief